





#### CIMI<sup>®</sup> CERTIFIED INFANT MASSAGE INSTRUCTOR 2-DAY TRAINING

You are invited to become a Loving Touch Certified Infant Massage Instructor. Through this Evidence-Based Training Program, upon certification you will be able to teach the Loving Touch<sup>®</sup> Infant Massage techniques to parents and caregivers. Infant Massage is a parenting enrichment program that provides loving touch right from the start. Incorporating Loving Touch Infant Massage in your program curriculum, assures the Infant Mental Health and Social/Emotional Development focus, which is required in providing best practice and meeting program performance standards.

#### TOPICS COVERED IN THIS TRAINING

- \* History, Theory, Techniques of Infant Massage
- \* Research / Evidence-Based Practice
- \* Bonding & Attachment/Promoting Trusting Interactions
- \* Massage Benefits for Infants, Children & Parents
- \* Understanding Infant Cues & Behavioral States
- \* Brain Development and Touch
- \* Teaching Techniques for Parents & Primary Caregivers
- \* Adaptations for Children With Special Needs
- \* Handouts & Resources for Teaching Infant Massage

**COURSE CONTINUING EDUCATION**: <u>NCBTMB</u> | 14 Contact Hours (288584-00) Massage Therapy – Upon completion of class and practicum an additional 25 hours of CEU's are awarded for a total of 39 contact hours.

<u>IL Early Intervention Training Program</u> | 16 credential credit hours approval in the area of Working with Families.

The Loving Touch Certification is designed for professionals who work with parents, infants, toddlers, & young children.

### **UPCOMING INSTRUCTOR TRAININGS**

September 22 & 23, 2022 Eureka Early Childhood Center -PAT Nest 442 West Fourth Street - Eureka, MO 63025 \*\* 8:00 am – 5:00 p.m. \*\*

### November 17 & 18, 2022 The Wildwood Hotel

2801 Fountain Place - Wildwood, MO 63040 \*\* 8:00 am – 5:00 p.m. \*\*

#### Total CIMI Fee with materials \$720.00

Includes all curriculum materials, demonstration doll, required books & 1st year certification fee.

Register at www.iteachbabymassage.com Baby & Me, LLC

Contact Lynn Barts Baby & Me, LLC Email: info@iteachbabymassage.com Cellular: 314) 313-5970

Lynn Barts, MA, CIMI<sup>®</sup>/ Authorized Licensee of International Loving Touch Foundation & is an Authorized Licensed Trainer of CIMI<sup>®</sup>



Loving Touch ®Certified Infant Massage CIMI ® Instructor Training



**Registration Form & Materials & Cancellation Policy** 

# \*\*\*\*\* Please submit the following when applying:

1) One recommendation/character reference letter from a health care professional or professional supervisor/peer recommending you to this program.

2) One personal letter explaining why you want to learn and teach the Loving Touch® Parent-Infant Massage Program (150-200 words)

#### **\*Required Fields**

*Today's Date *Location of T			n of Training/Dates	
*Full Name	*Profes	*Professional Background/Degrees Agency Affiliation		
*Street Address	*City	*State	*Zip	
*Phone (Cell / Home / Work)	Alternate Phone (Cell / Home / Work)			
*E-mail Address Registration Options *Course fee includes add	ditional required m	aterials* See n2		
□ Registration with Book Bundle & before the start of the course.	_	_	r registration and payment in full	
Please indicate demonstration doll p	reference	American 🗆 Asian 🗆 Cau	ucasian 🗌 Hispanic	
Payment Options   1) Via Mail - Please make checks p   2) Purchase Order #**				

### Email completed Registration Form with Letter of Intent & Letter of Recommendation with payment to

#### Baby & Me, LLC PO BOX 161 Wildwood, MO 63040

### \*\*PLEASE READ CANCELLATION/REFUND POLICY

Questions? Email info@iteachbabymassage.com or call 314-313-5970.

Baby & Me, LLC | Lynn Barts, MA, CIMI®/ | CIMI Trainer for International Loving Touch Foundation, Inc www.iteachbabymassage.com | info@iteachbabymassage.com



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# \*\* REQUIRED Readings & Supplies: \*\* Included in your registration fee

- Touch by Tiffany Field
- Baby Massage: Calming Power of Touch by Heath and Bainbridge
- Brain-Based Parenting Hughes & Baylin
- Infant & Pediatric Massage Diana Moore (\*Only available at <u>www.lovingtouch.com</u>)
- Demonstration Doll: 20 "Soft Body with vinyl or non-cloth head, arms, and legs. LaBaby Doll by JC Toys.

### **Cancellations:**

If you must cancel your registration for a class:

• If you cancel at least 14 days or more prior to the start of class, you will be refunded the registration fees you have paid minus a \$125 processing fee, or you may apply the fee toward another training within one year. You will NOT be refunded for the books & demonstration doll. Total cancellation fee \$245 (\$125 processing fee & \$120 books & doll)

• If you cancel between 2 and 13 days prior to the start of the class, you will be refunded the registration fees you have paid minus a \$175 processing fee, or you may apply the fee toward another training within one year. You will NOT be refunded for the books & demonstration doll. Total cancellation fee \$295 (\$175 processing fee & \$120 books & doll)

• If you cancel within 48 hours of the class WITH NOTICE or if you do not show up for the class you will forfeit all fees paid – No refunds, no credit. \*There are emergencies that may be considered such as pandemic related illnesses or staff leaving.

• Supplies are nonrefundable in all cases.

• All refunds or requests for credit must be submitted in writing prior to the training date and will be determined on an individual basis.

If Baby & Me, LLC cancels a class you may choose to be refunded in full or apply the fee towards the next training offered through Baby & Me, LLC.

**Certification Completion:** Our Instructor Course is brief but jam-packed with information. Here is what will be expected of you after the Instructor Course in order to complete your CIMI certification.

**Exam Process**: The written exam is a take-home open book format, so we encourage you to read through and familiarize yourself with the required books before the Instructor Course.

**Practical Exam**: The second half of the CIMI certification exam involves teaching infant massage to a minimum of four families, with at least 2 sessions per family. You need to have a total of 8 sessions to complete your practicum. 2 sessions each with 4 families. It is best to offer these as one on one sessions. We recommend getting started now with organizing your parents and babies for the practicum. After the course, you will have two months to complete these sessions.

Where to Send Your Exam Materials: Your written exam, the families' evaluations and your SOAP notes of the sessions should be sent directly to the International Loving Touch Foundation. Once all the course requirements have been completed you will receive certification through the International Loving Touch Foundation.